

## Where is your path to health? Find your way out of the information jungle!

The last three years have shown that you should not blindly rely on what the government says, or what a doctor recommends, or what the mainstream media say. Many have not fulfilled their duty in order to get all available information and have violated the precautionary principle and Hippocrates' oath "first do no harm." They are now using the same excuse that is currently being used to avoid a covid committee of inquiry in the German parlament: "One did not know".

My questions for you: Why didn't the people who now cite this reason apply the principles of the Nuremberg Code before any action [1]? Why have others (including many renowned scientists and therapists), whose statements have been labeled as "conspiracy theory" during the last years, heeded this basis and warned against C-gene therapy and possible harm?

The answer is quite simple: The latter have done additional research outside the usual media narrative, taken the time to read the scientific studies (which should be controverse and being discussed, otherwise you cannot talk about them being "scientific"), and used their common sense.

Most importantly: They did not profit (neither in terms of power nor finances) from any of the imposed "measures."

Therefore, beware of messages in the media released from self-proclaimed "fact checkers" who try to devalue valuable sources of information by defaming the people associated with them. They act this way because there are no factual arguments to refute statements made by these people. "Follow the money" and you will quickly find out in your own research in which interest these fact checkers act and by whom they are paid [2, 3].

Who regularly reads my blog, knows that it is not a therapist who heals, but it is always your self-healing powers that bring this about. Your body and mind are able to heal, a therapist can only be a pathfinder and companion. If you have followed the call for C-gene therapy due to misinformation, fear or compulsion and suspect that you may have been harmed by it, you are not left alone.

There are various links [4,5,6] where you can find a lot of information on the subject. There are therapists for whom the well-being of the patient is priority. If you are from abroad, you can search for partners in your country on the website of the World Council For Health, where you may find further information [7].

What do I mean by "good" therapist?

• A good therapist will take you seriously, not push you into the "psycho corner" and listen to you.

- She/he will take a detailed anamnesis (questioning) to find out your individual history and your symptoms. She/he wants to know what treatment (injections, medications, therapies) you have received, when and by whom, when your complaints began and what your health condition was before.
- She/he will comprehensively show you the possibilities/limitations/risks/costs of further diagnostics and alternatives to treatment. He will not push you and will show you that there is always hope.
- He will tell you what you can do yourself to support your body in its self-healing process. This includes supporting the immune system and eliminating environmental toxins of all kinds (chemical and physical, including the excipients contained in every vaccination, which impair the immune system).

You are an individual - with your physical weaknesses and your personal history. The "pill for every disease" does not exist. What benefits one person can harm another and a "general prescription" of any measures therefore makes little sense. An effective therapy is always individual help for self-help in order to activate the self-healing powers of your body.

Take the freedom at any time to determine what you consider sensible and purposeful for your body - which you know much better than any therapist - with regard to your health goal. And if your gut tells you that a therapist is not the "right" one, listen to it.

**Conclusion:** Detailed information is the best basis for your healing before you decide on any therapy. Only if you know the advantages and disadvantages and possible consequences of a therapy, you can decide whether you want to use it or not. A good therapist will educate you, will provide you with her/his knowledge and experience, and will also provide you with reputable sources where you can further inform yourself. She/he will never put you under pressure and above all, will not scare you.

## Read more:

- [1] https://www.75jahre-nürnberger-kodex.de/the-nuremberg-code/
- [2] https://worldcouncilforhealth.org/multimedia/judith-brown-fact-checkers/
- [3] https://worldcouncilforhealth.org/multimedia/fact-checkers-independent-media/
- 4] https://www.mwgfd.org/therapeutenvermittlung/
- [5] https://www.corih.de/impfschaden-melden.phpww.corih.de
- [6] www.corona-solution.com
- [7] https://worldcouncilforhealth.org/about/?wpv-relationship-filter=8620&wpv aux current post id=2698&wpv aux parent post id=2698&wpv view count=8078#coalition-partners

